

**Attachment 09****Modified Laws of the Game  
St. Mary's Youth Soccer  
RecPlus Playing Recommendations  
for  
U8RP, U10RP, U12RP, and U14RP****Law 1- The Field of Play**

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: minimum seventy (70) yards (210 ft); maximum eighty (80) yards (240 ft)

Width: minimum forty five (45) yards (135 ft) for U10, U12 & U14

Width: minimum forty (40) yards (120 ft) for U8

Field Markings: Distinctive lines not more than five (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of eight (8) yards is marked around it.

The Goal Area: Conform to FIFA.

The Penalty Area: A penalty area is defined at the end of the field as follows: Two lines are drawn at right angles to the goal line, fourteen (14) yards (42 ft) from the inside of each goalpost. These lines extend into the field of play for a distance of fourteen (14) yards (42 ft) and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the Penalty Area. Within each Penalty Area a penalty mark is made ten (10) yards (30 ft) from the midpoint between the goalposts and equidistant from them. An arc of a circle with a radius of eight (8) yards (24 ft) from each penalty mark is drawn outside the penalty area.

Flag posts: Conform to FIFA

The Corner Arc: Conform to FIFA

Goals: Conform to FIFA with the exception (U8 and U10) that the maximum distance between the posts is eighteen (18) feet and the minimum distance from the crossbar to the ground is seven (7) feet.

**Law 2- The Ball:** Size four (4) is used for U8, U10, and U12 and size five (5) is used for U14. The game ball is to be supplied by the home team.

**Law 3- The Number of Players:** A match is played by two teams, each consisting of not more than eight (8) players, (seven (7) players for U8) one of whom is the goalkeeper. A match may not start if either team consists of fewer than seven (7) players, fewer than six (6) players for U8.

Substitutions: Unlimited substitutions are allowed: after a goal; before a goal kick; before a throw-in (if the team in possession makes a substitution, the other team may substitute as also); after an injury or disciplinary action (in case of an injury, the other team may substitute player(s) in a number equal to those substituted due to injury)

Playing time: Each player SHALL play a minimum of 50% of the total playing time.

**Law 4 – The Players' Equipment:** Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.

**Law 5- The Referee:** USSF Certified Referees are used.

**Law 6- The Assistant Referee:** USSF Certified Referees are used.

**Law 7- The Duration of the Match:** Conform to FIFA with the following exceptions:

1. U8 being divided into two (2) halves of twenty-five (25) minutes each.
2. U10 being divided into two (2) halves of thirty (30) minutes each.
3. U12 being divided into two (2) halves of thirty (30) minutes each.
4. U14 being divided into two (2) halves of thirty-five (35) minutes each.

There shall be a halftime interval of five (5) to eight (8) minutes.

**Law 8- The Start and Restart of Play:** Conform to FIFA

**Law 9- The Ball In and Out of Play:** Conform to FIFA

**Law 10- The Method of Scoring:** Conform to FIFA

**Law 11- Offside:** Conform to FIFA

**Law 12- Misconduct:** Conform to FIFA

**Law 13- Free Kicks:** Conform to FIFA

**Law 14- The Penalty Kick:** Conform to FIFA with the exceptions that the penalty mark is ten (10) yards from the goal line and that players other than the kicker and the goal keeper are at least eight (8) yards from the penalty mark.

**Law 15- The Throw-In:** Conform to FIFA

**Law 16- The Goal Kick:** Conform to FIFA

**Law 17- The Corner Kick:** Conform to FIFA